



Smart Growth 101: Making the Connections

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Local Government Commission

New Partners for Smart Growth Conference

Denver, CO
February 13, 2014

Local Government Commission

We are a nonprofit organization that fosters innovation in local environmental sustainability, economic prosperity and social equity.



www.lgc.org

What we do...

The **LGC** helps transform communities through *inspiration*, *practical assistance* and a *network* of visionary local elected officials and other community leaders.

How we do it...

- ✓ Workshops and Trainings
- ✓ Participatory Planning and Design Work
- ✓ Policy Development Assistance
- ✓ Tours of Model Projects
- ✓ Networking Events
- ✓ Conferences



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Join Our Network of 700 + Members

For more information:

Contact **Erin Hauge** at
916-448-1198 or visit
lgc.org/membership

Membership Benefits

- ✓ Access to the latest **best practices**
- ✓ A **peer network** of leading elected officials
- ✓ **Access to thought leaders** in a range of policy arenas
- ✓ Local, regional, statewide and national **events on cutting edge issues**



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The Ahwahnee Principles, 1991

- Response to our members concerns over sprawling, poorly planned development in their communities
- Assembled with assistance from leading architects and planners working on innovative solutions



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The Ahwahnee Principles, 1991

- Revitalize existing parts of our communities through infill development
- Plan complete and integrated communities with mix of uses
 - Within walking distance of one another
 - Within walking distance of transit stops
 - With a diversity of housing types
 - With a center focus



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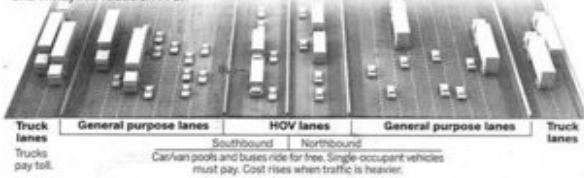
Will 23 lanes be enough?

Proposal would put I-75 among country's biggest

By ARIEL HART
ahart@ajc.com

It's wider than an aircraft carrier. Far wider than the carving on Stone Mountain. Wider than the White House stretched end to end, twice. It's the planned I-75, all 23 lanes, coming soon to Cobb County. As currently conceived it's 388 feet across, wider than a football field is long.

23 LANES: The state Department of Transportation is planning to expand I-75 (below) and I-575 in Cobb and Cherokee counties. The 23-lane stretch would be between Delk and Windy Hill roads on I-75.

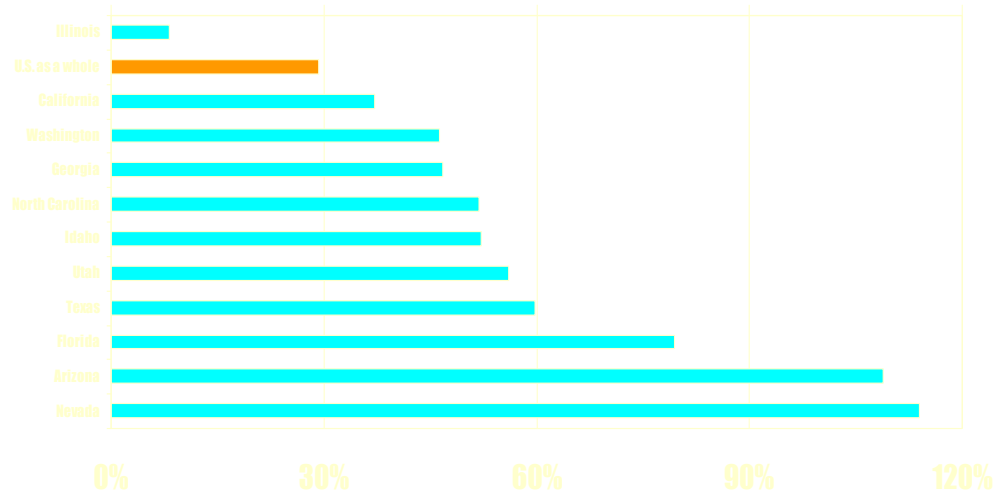


Atlanta Journal-Constitution, March 10, 2006



Traffic heads north on I-75, just north of I-285, on Thursday. A proposal for the expansion is enough to make a road builder weep with joy, and make others wonder whether it's worth it.

Projected Population Growth Rates in the U.S. (2000-2030)



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Source: U.S. Dept. of Commerce, Census Bureau
www.lgc.org

Smart Growth/Livable Communities

- Common Themes
 - Efficient use of land
 - Fill in older parts of communities before spreading out
 - Build new communities in more compact way
 - Mix of uses
 - Mix commercial and retail uses with residential
 - Support/create town and neighborhood centers
 - More destinations in walking/bicycling distance
 - Support walking, bicycling and transit use
 - Create strong local and regional economies
 - Involve residents in planning process



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Economic Benefits of Smart Growth

“
communities will too.”

—
Linking the New Economy to the Livable Community

“Livability isn’t some middle class luxury. It is an
economic imperative.”

— Robert Solow, Nobel Prize-winning Economist

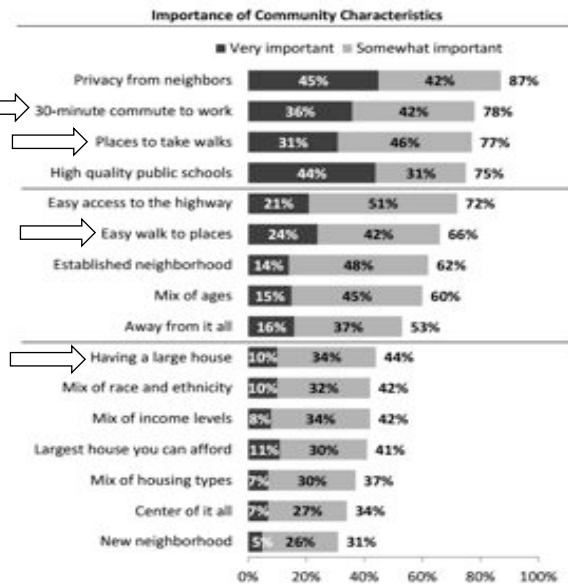


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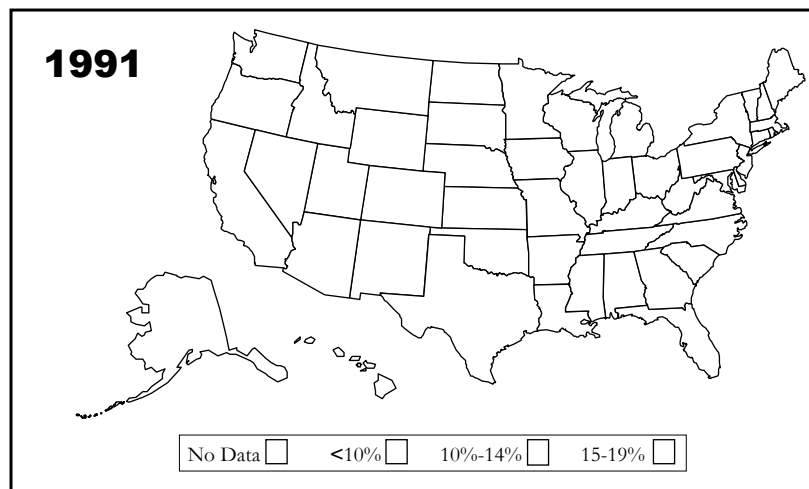
Economic Benefits: Property Values

- 78%: 30-minute commute to work
- 77%: Places to take walks (sidewalks, parks, trails)
- 66%: Easy walk to places (schools, stores, restaurants)
- 44%: Having a large house



Source: "Community Preferences Survey" by National Association of Realtors, 2011

Obesity* Trends Among U.S. Adults



* BMI \geq 30, or
~ 30 lbs
overweight for
5' 4" woman

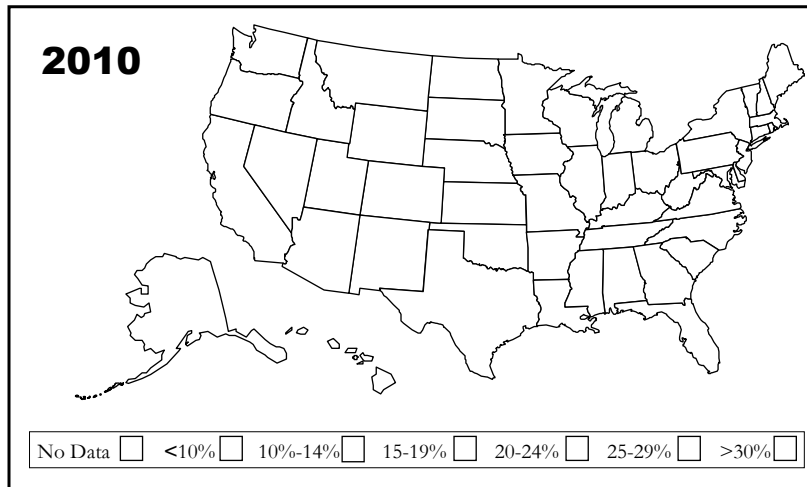


Source: Behavioral Risk Factor Surveillance System, CDC
Source: Mokdad A H, et al. JAMA 2003;289:1

Obesity* Trends Among U.S. Adults

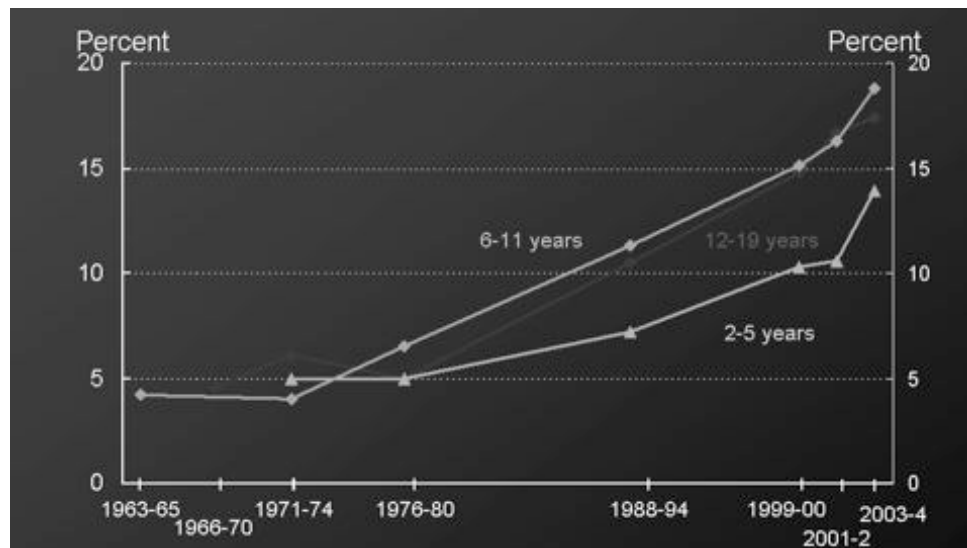
Counties with obesity levels over 30% in 2008 included: Merced, San Joaquin, Stanislaus, Tulare and Yuba

* BMI \geq 30, or ~ 30 lbs overweight for 5' 4" woman



Source: Behavioral Risk Factor Surveillance System, CDC
Source: Mokdad A H, et al. JAMA 2003;289:1

Trends in Child and Adolescent Overweight



Note: Overweight is defined as BMI \geq gender- and weight-specific 95th percentile from the 2000 CDC Growth Charts.
Source: National Health Examination Surveys II (ages 6-11) and III (ages 12-17), National Health and Nutrition Examination Surveys I, II, III and 1999-2004, NCHS, CDC.



Diabetes Projected Risks: For Babies Born in 2000

- Girls: 38% lifetime risk
 - Latino girls: 53%
 - African-American girls: 49%
 - If diabetic before age 40, Lifespan shortened by 14 years (Quality of life by 19 years)
- Boys: 33% lifetime risk
 - Latino boys: 45%
 - African-American boys: 40%
 - If diabetic before age 40, Lifespan shortened by 12 years. (Quality of life by 22 years)

The Atlanta Journal-Constitution / Sunday, June 15, 2003

CDC: Diabetes to afflict 1 in 3 born in 2000

Scientist says kids must eat healthier, exercise more

By JANET McCONNALGHEY
Associated Press

New Orleans — One in three U.S. children born in 2000 will become diabetic unless many more people start eating less and exercising more, a scientist with the Centers for Disease Control and Prevention warned Saturday.

The odds are worse for African-American and Latino children. Nearly half of them are likely to develop the disease, said Dr. K.M. Venkat Narayan, a diabetes epidemiologist at the CDC.

"I think the fact that the diabetes epidemic has been well-known to us for several years. But looking at the risk in these terms was very shocking to us," Narayan said. The 33 percent lifetime risk is about triple the American Diabetes Association's current estimate.

by 2050, to 29 million, an earlier CDC study by Narayan and others found.

"These estimates I am giving you now are probably quite conservative," Narayan said in an interview before the diabetes association's annual scientific meeting here.

Narayan said it would be difficult to say whether undiagnosed cases would rise at the same rate.

If they did, that could push the 2050 figure to 40 million or more.

Doctors had known for some time that Type 2 diabetes — what used to be called adult-onset diabetes because it typically showed up in middle-aged people — is on the rise, and that patients are getting younger.

Nobody else had crunched the numbers to look at current odds of getting the disease, Narayan said.

Overall, he said, 39 percent of the girls who now are healthy 2½- to 3-year-olds and 33 percent of the boys are likely to develop diabetes, he said.

For Latino children, the odds are closer to one in two: 53 percent of the girls and 45 percent of the boys. The numbers are about 49 percent and 40 percent for African-American girls

V Narayan et al: JAMA 8 Oct 2003

What Smart Growth “Is” And “Is Not”

**More transportation choices
and less traffic**

**Not against cars and
roads**

**Vibrant cities, suburbs
and towns**

Not anti-suburban

**Wider variety of housing
choices**

**Not about telling people
where or how to live**

**Well-planned growth that
improves quality of life**

Not against growth

Courtesy: Smart Growth America



Principles of Smart Growth/ Livable Communities

Ten Principles of Smart Growth

1. Preserve Open Space, Farmland, Natural Beauty and Critical Environmental Areas
2. Strengthen and Direct Development Towards Existing Communities
3. Take Advantage of Compact Building Design
4. Mix Land Uses
5. Create Range of Housing Opportunities and Choices
6. Provide a Variety of Transportation Choices
7. Create Walkable Neighborhoods
8. Foster Distinctive, Attractive Communities with a Strong Sense of Place
9. Encourage Community and Stakeholder Collaboration
10. Make Development Decisions Predictable, Fair and Cost Effective

1. Preserve open space, farmland, and critical environmental areas

- Identify areas with highest priority for preservation
- Use a variety of preservation tools, including purchase, regulatory, and incentive programs



Sprawl in the Atlanta Region

- 1973-1992 forest land was reduced by 15 percent and grassland and cropland by about 6 percent
- The Georgia Conservancy estimates that 27 acres of tree cover are lost in the region every day
- Without transit-supportive and higher-density land use patterns, the Conservancy estimates that 200,000 acres of tree cover will be lost by 2020



Charlantingham: Welcome to the big city

By Maurice Tammann
mtammann@ajc.com

Charlotte — Over the past 40 years, satellite towns have circled away, 450 miles high, capturing the nation's night lights.

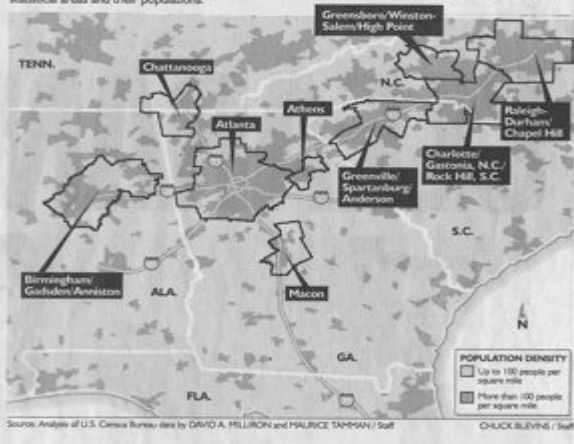
In the 1970s, those lights detected only a few blips from Georgia, Alabama, Tennessee, and the Carolinas. Today, the region glows like a wheel-shaped constellation, with Atlanta at its hub.

During that time, its grown from 1.39 million five counties to 4.11 million counties; it pushes out 25, 75 and 85 toward Raleigh, Macon, Green Charlotte. All the while markets boomed, estates aries toward Atlanta.

According to the 2000 census, more than 10 million people live in the Piedmont megalopolis.

PIEDMONT MEGALOPOLIS

Atlanta is the hub of what has been called the Piedmont megalopolis, stretching along I-20, I-75 and I-85 from Birmingham to Greenville, S.C., Charlotte and even Raleigh and from Chattanooga to Macon. This shows how the areas are growing together as people move to areas along the interstates. A look at those metropolitan statistical areas and their populations:

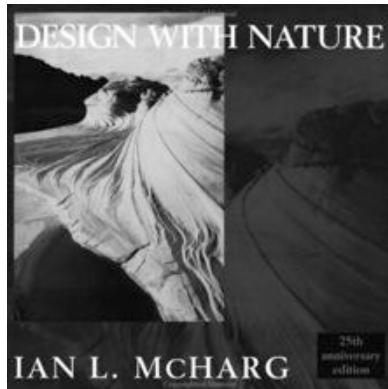


Source: Analysis of U.S. Census Bureau data by DAVID A. HILLIARD and MAURICE TAMMANN / Staff

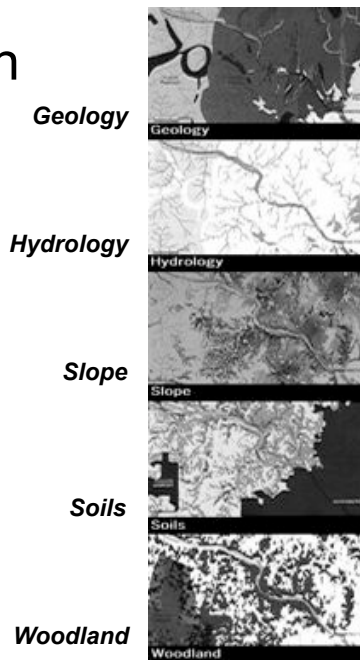
CHUCK BLEVINS / Staff

Atlanta Journal-Constitution,
April 15, 2001

Analyze where you can accommodate future growth

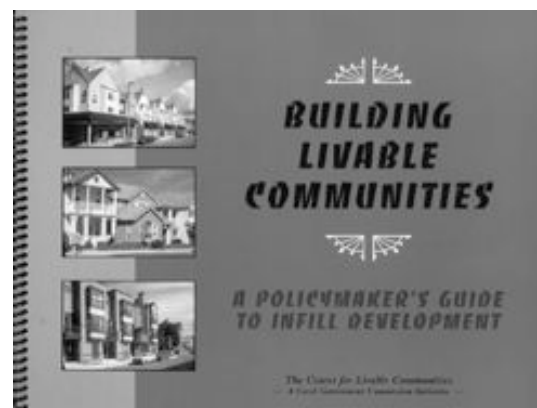


Mapping Method
Developed by Ian McHarg

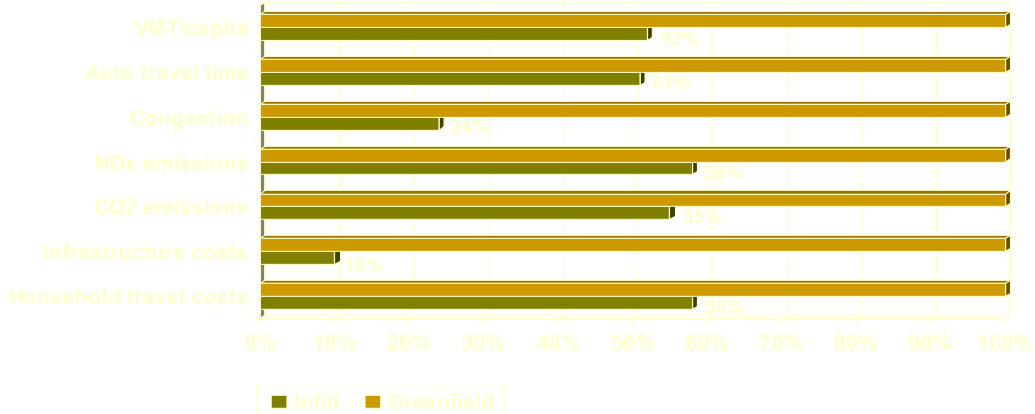


2. Strengthen, and direct development towards, existing communities

- Use incentives to achieve clean-up and re-use of “brownfield” and “grayfield” sites
- Preserve and repair historic buildings as part of redevelopment plans
- Build on the resources and amenities of existing communities



Impacts of Infill vs. Greenfield Development in the San Diego Region



Source: Study by Criterion Planners/Engineers for U.S. Environmental Protection Agency, 1998

Potential benefits of infill

- Revitalize town centers, neighborhoods
- Provide more housing options
- Support transit service
- More efficient use of land
- Reduced costs for infrastructure/services
- Preserve agriculture
- Conserve open space

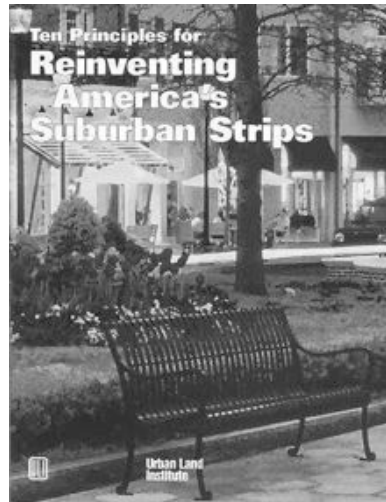


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Commercial Strips — The Next Frontier

- ULI's Principles to Reinvent Suburban Strips
 - Ignite Leadership/Nurture Partnership
 - Anticipate Evolution
 - Know The Market
 - Prune Back Retail-Zoned Land
 - Establish Pulse Nodes of Development
 - Tame the Traffic
 - Create the Place
 - Diversify the Character
 - Eradicate the Ugliness
 - Put Your Money (and Regulations) Where Your Policy Is



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3. Take advantage of compact building design

- Grow vertically rather than horizontally to preserve green spaces and reduce cost of providing public facilities and services



What do downtown Florence, a freeway interchange and a big box store have in common?





Lower Cost of Infrastructure

Low Density vs. Compact Development

Land Consumption	45% more*
Cost for Roads	25% more**
Cost for Utilities	15% more**
Cost for Schools	5% more**
Other Costs	2% more**

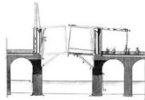
*Duncan, James et al, *The Search for Efficient Urban Growth Patterns*. Florida Department of Community Affairs, 1989.

**Burchell, Robert, *Economic and Fiscal Impacts of Alternative Land Use Patterns*, Rutgers University, 1996.



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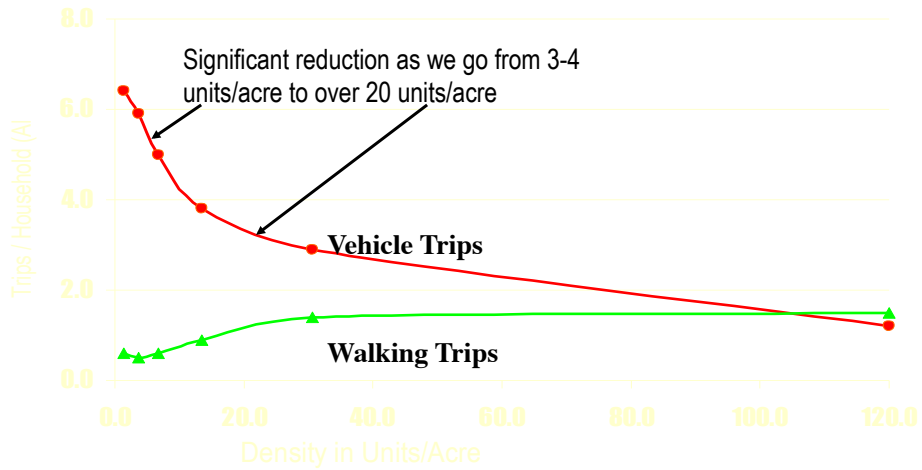


Public Interest
Projects, Inc.
Joseph Minicozzi, AICP
Joem@pubintproj.com



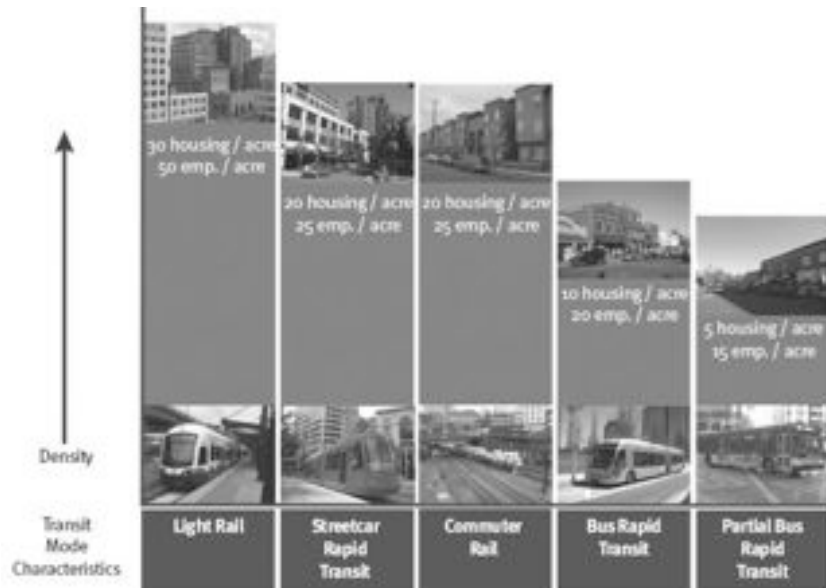
Land Consumed (Acres):	34.0	00.2
Total Property Taxes/Acre:	\$ 6,500	\$634,000
City Retail Taxes/Acre:	\$ 47,500	\$83,600
Residents per Acre:	0.0	90.0
Jobs per Acre:	5.9	73.7

Land Use Pattern Affects Travel — Higher Density can reduce Vehicle Trips



Source: John Holtzclaw, PhD, Sierra Club

Land Use Pattern Affects Travel — Density to Support Transit



Source: Tumlin, Jeffery, Sustainable Transportation Planning, 2012

Land Use Pattern Affects Travel — Density to Support Retail

For a 10,000
sq.ft.
Convenience
Store

- 7 units/acre

For a 25,000
sq.ft. Small
Supermarket

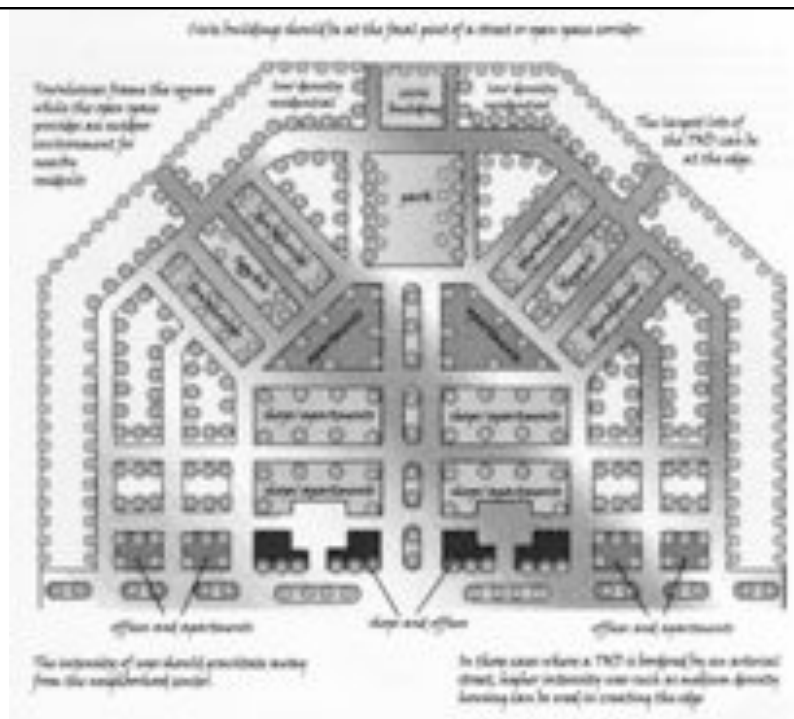
- 18 units/acre



Compact Development in Appropriate Locations

Traditional
Neighborhood
Code

Knoxville, TN



In 1991 there were 31.8 million people over the age of 65 in the U.S.

By 2030 that number will increase to 66 million.



Demographic Trends: Increase in Elderly Population



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Moving to downtowns and older neighborhoods

Driving less and looking for other transportation options.



Demographic Trends: Millenials

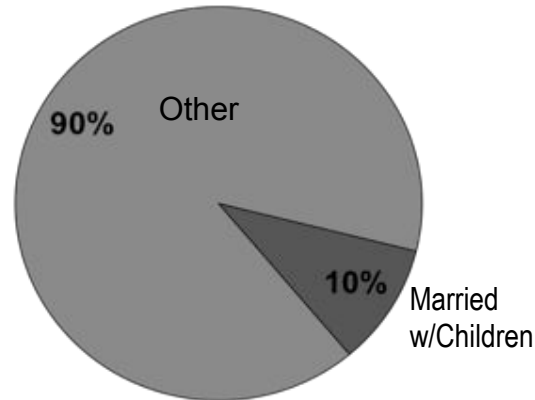


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New U.S. Households Formed: 2005-2015

“**The traditional family — married couples with children** — is slowly declining in number, while households made up of single persons living alone, singles living together, and married couples without children are growing rapidly. These three groups will account for 90 percent of the net new household growth projected in this decade, according to U.S. Census Bureau figures.”



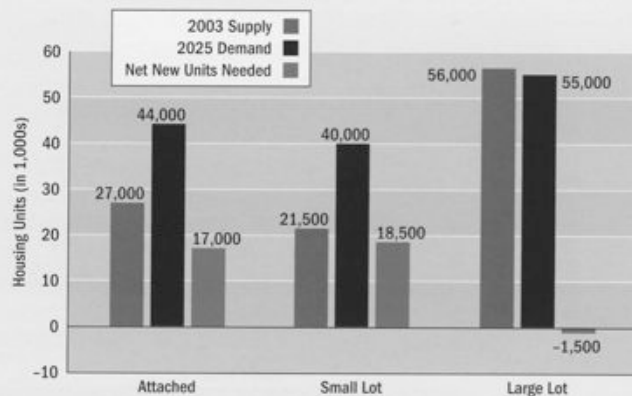
Peter Slavin, “The Rise of the Nontraditional Household,” *Multifamily Trends*, Urban Land Institute, Summer 2005.

Tremendous Opportunity?

- By 2025 demand for attached and small-lot housing will exceed current supply by 35 million units (71%)
- Demand for compact housing will fall short of current supply

Source: Arthur C. Nelson, “Leadership in a New Era,” *Journal of the American Planning Association*, Fall 2006

FIGURE 2-12
2003 Housing Supply versus 2025 Housing Demand



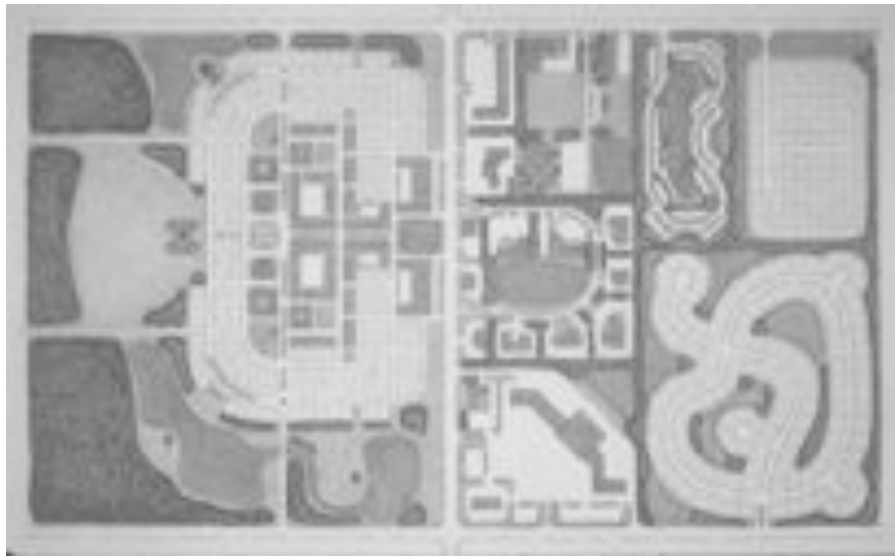
SOURCE: A.C. Nelson, “Leadership in a New Era,” *Journal of the American Planning Association*, Vol. 72, Issue 4, 2006, pp. 393-407.

4. Mix land uses

- Provide retail or personal services near housing
- Incorporate parks, schools, and other public facilities



Alternative Patterns of Development



Traditional

Conventional



Housing over retail shops

Sacramento, CA



Housing over restaurant, shops

Sacramento, CA



Housing next to retail

Salinas, CA

5. Provide housing opportunities and choices

- Provide quality housing for people of all income levels, household sizes, and stages in the life cycle.





Mixed Income Housing

Redwood City, CA



Live-Work Units

Little Italy, San Diego, CA



Mixed housing types

Doe Mill, Chico, CA



Doe Mill

Fourplex



Doe Mill

Bungalow Court



Doe Mill

Townhomes

6. Provide a variety of transportation choices

- Coordinate land use and transportation investment
- Increase high-quality transit service
- Connect pedestrian, bike, transit, and road facilities



Transit-Oriented Development

San Diego, CA



Portland, Oregon Streetcar



Portland Bus Mall



Los Angeles Metro Rapid Bus

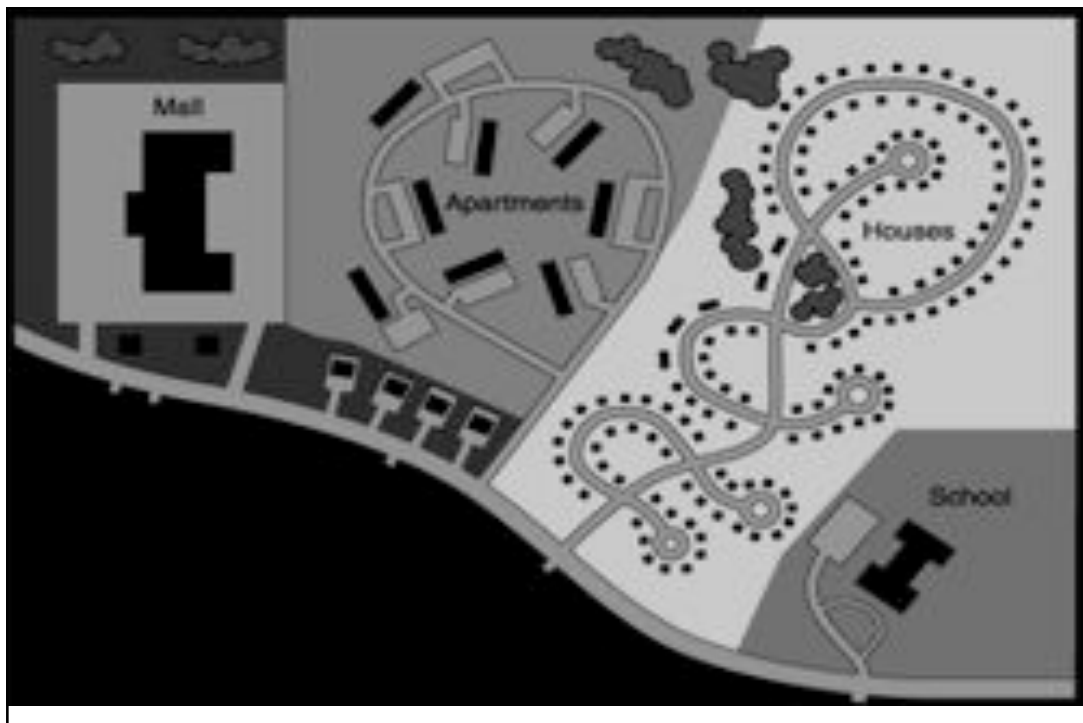
7. Create walkable communities

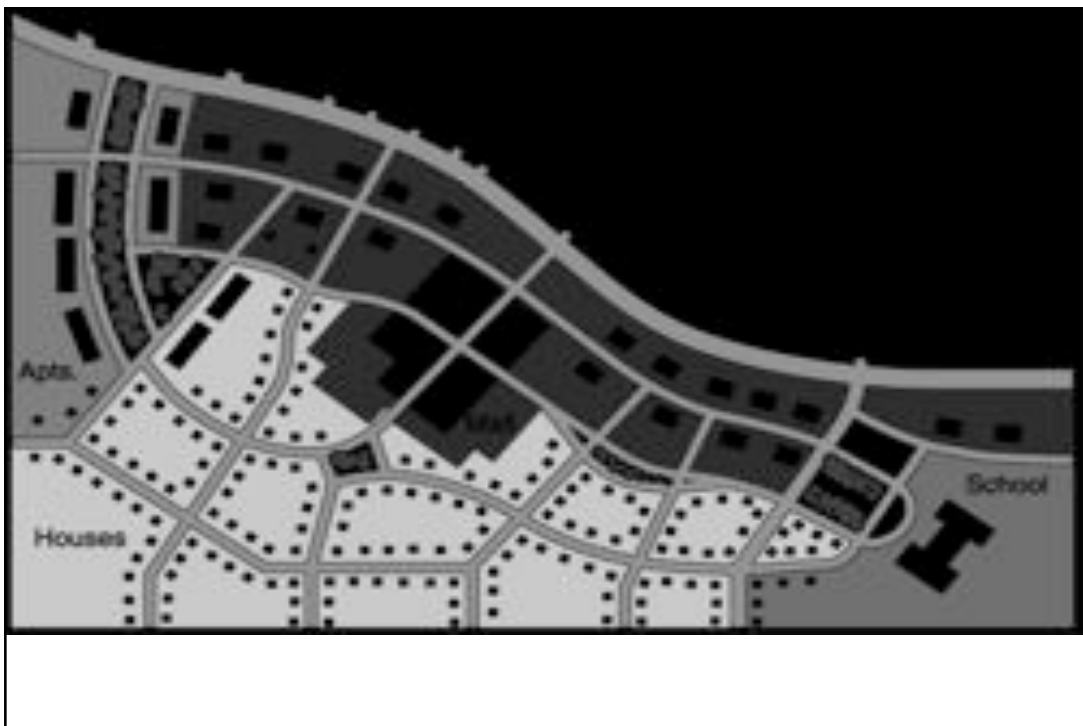
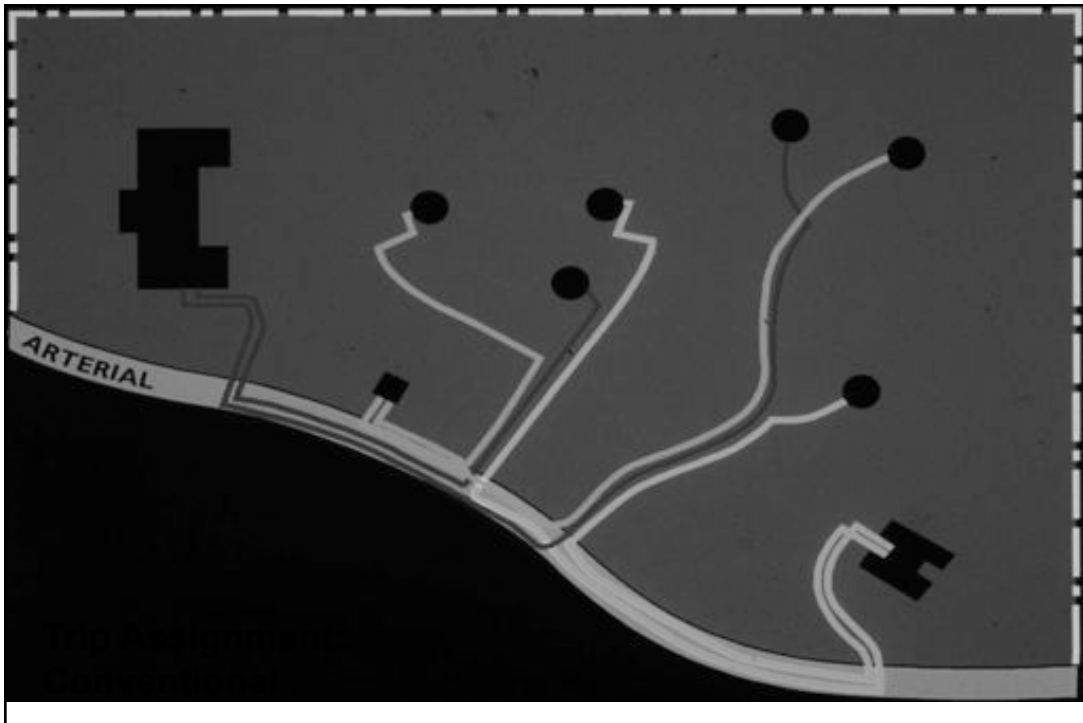
- Mix land uses, build compactly, and provide safe and inviting pedestrian corridors
- Create “complete streets”
 - Accommodate pedestrians, bicyclists, transit users

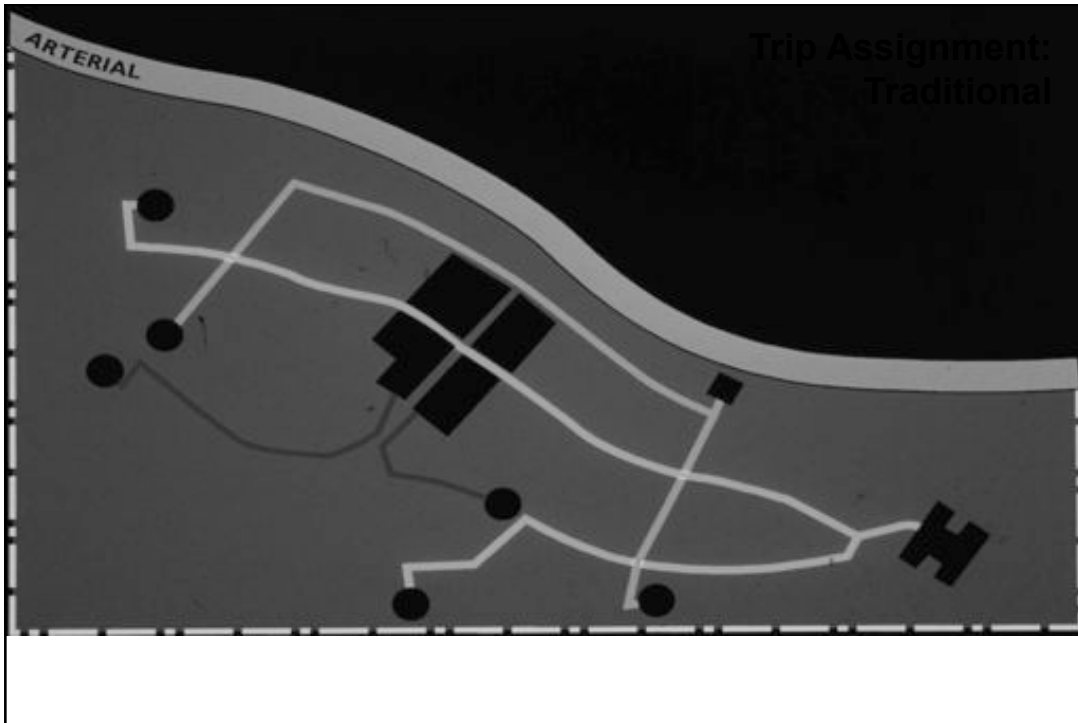


Street Design

- Influences trip choices
 - Safe, quiet, slow, shaded streets encourage people to walk, ride bicycle or take transit instead of driving a car







Traditional vs. Conventional

Central Business Districts at the same scale



Great Streets, Allen Jacobs

Portland, Oregon



Great Streets, Allen Jacobs

Walnut Creek, California

CALIFORNIA CITY COMPARISON		
	Safer Cities	Less Safe Cities
Population	65,719	59,845
Population Density	5,736 per sq. mi.	2,673 per sq. mi.
Intersection Density	106 per sq. mi.	63 per sq. mi.
Mode Share		
Driving	84.1%	95.8%
Walking	5.4%	1.7%
Biking	4.1%	0.7%
Transit	6.6%	1.7%
Road Fatalities per 100,000 population	3.2 per year	10.5 per year

Courtesy: Wesley E. Marshall, Ph.D., P.E., and Norman W. Garrick, Ph.D., "Street Network Types and Road Safety: A Study of 24 California Cities"

Principles of Safe, Walkable Streets

- Complete Streets designed for people, not just cars
- Friendly to cars, pedestrians and cyclists



Principles of Safe, Walkable Streets

- Streets designed so drivers feel comfortable at slow speeds
 - 15-25 mph on neighborhood streets
 - 25-35 mph on avenues and boulevards



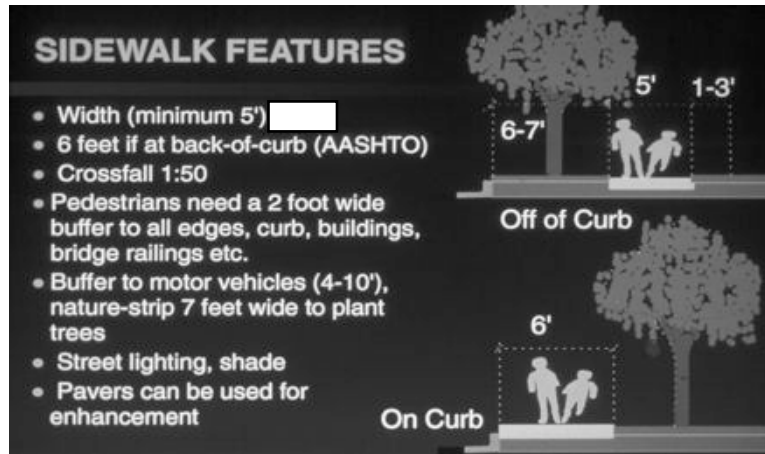
Principles of Safe, Walkable Streets

- Narrower streets are slower and safer
 - Longmont, CO study of 20,000 accidents
 - Found street width had the greatest relationship to injury accidents
 - Accidents/mile/year were higher on wider streets
 - 40-foot wide street 2.23 a/m/y
 - 36-foot wide street 1.21 a/m/y
 - 24-foot wide street 0.32 a/m/y

Source: "Residential Street Typology and Injury/Accident Frequency," Swift and Associates, Longmont, CO, 1997

Safe Streets Need Good Sidewalks

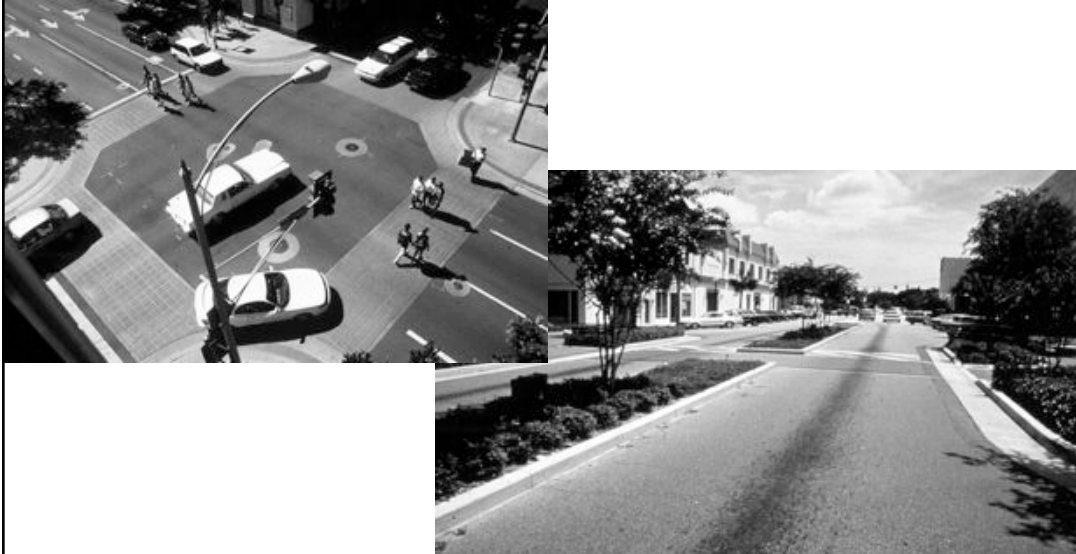
- Detached from curb
- At least 5 feet wide
- Planting strip helps shade street and sidewalk



Safe Streets Need Good Sidewalks



Healthy Neighborhoods Need Good Street Crossings



Parklets or plazas take underused street space to create people places, support local businesses



8. Foster Distinctive, Attractive Communities with a Strong Sense of Place



Alexandria, VA



Santa Barbara, CA



“There is little sense of having arrived anywhere, because everyplace looks like no place in particular.”

— James Howard Kunstler, *The Geography of Nowhere*



Sonoma, CA



San Diego, CA

9. Encourage community and stakeholder collaboration in development decisions

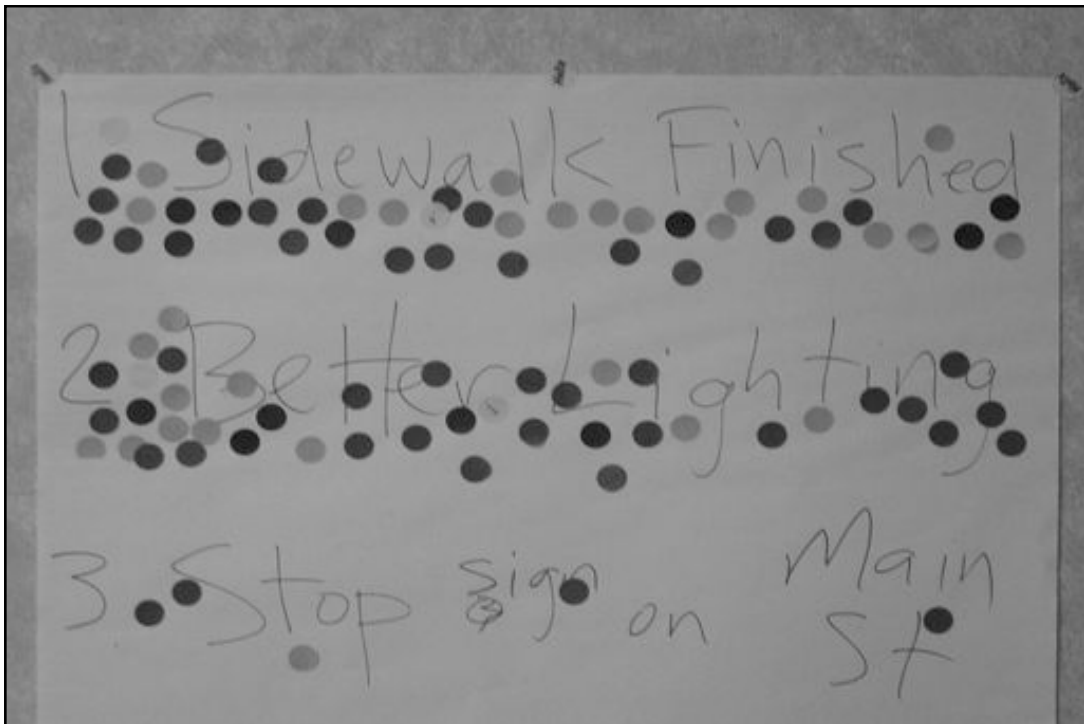
- The private sector does most of the development, but residents and other stakeholders collaborate in this process to ensure it is consistent with community needs and concerns.





Cutler-Orosi Design Charrette – Opening Night Workshop







Cutler, CA

Baldwin Park, CA



Implementation – Public Participation is Key

- Get Better Plans
- Engage Residents in their Community
- Good Plans Survive Political Changes
- Way to insure that residents feel not that they have access to City Hall but that they own City Hall



10. Make development decisions predictable, fair and cost-effective

- Update comprehensive plan and implementing regulations to incorporate Livable Communities, and apply regulations consistently

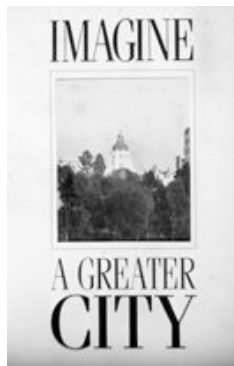




Plan proactively

Develop a Vision for Community

Pasadena
General Plan



Plan proactively

Develop a Vision for Community

Pasadena General Plan

Holly Street
Village

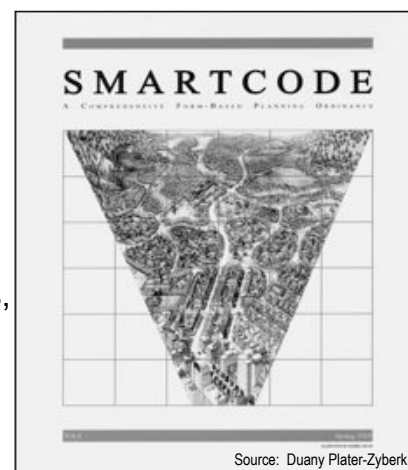
Infill, mixed
use rental
housing

Model:
Early 1990s



Implementing the Vision

- State-of-the-Art Development Codes — Form-Based Codes
 - Recognition that current zoning and land development regulations are flawed
 - New approaches to fixing them
 - New emphasis on form-based codes, SmartCode
 - Problems with conventional codes that emphasize use and intensity of development



Source: Duany Plater-Zyberk

Additional Resources

- Smart Growth Network
 - www.smartgrowth.org
- Smart Growth America
- Local Government Commission
 - www.lgc.org
- Congress for the New Urbanism
 - www.cnu.org

Contact Us

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